



UPPER SCHOOL AFTERNOON PROGRAM OPTIONS 2025-2026

All Upper School students are required to participate in the afternoon program each trimester as it is a continuation of the Williston Academic day and School experience.

FALL TRIMESTER

ARTS

Dance—by audition
Fall Play
Music Intensive (*form required*)
Tech Theater—Costume Shop
Tech Theater—Scene Shop
Visual Arts Intensive (*form required*)

ATHLETICS

Competitive

Boys Cross Country
Girls Cross Country
Football (boys)
Field Hockey (girls)
Boys Soccer
Girls Soccer
Girls Volleyball
Boys Water Polo

Non-Competitive

Athletic Performance (*11th-12th if eligible*)
Climbing & Hiking (*limited space*)
Fitness (*limited space*)
Riding (approx. cost \$2,400)
Robotics
Team Manager (*identify team*)
Yoga (*limited space*)

COMMUNITY FOCUS

Children's Center (*min. 15 years old*)

WINTER TRIMESTER

ARTS

Music Intensive (*form required*)
Tech Theater—Costume Shop
Tech Theater—Scene Shop
Visual Arts Intensive (*form required*)
Winter Musical/Winter Dance

ATHLETICS

Competitive

Girls Basketball
Boys Basketball
Girls Ice Hockey
Boys Ice Hockey
Girls Alpine Skiing
Boys Alpine Skiing
Girls Squash
Boys Squash
Girls Swimming & Diving
Boys Swimming & Diving

Non-Competitive

Athletic Performance (*11th-12th if eligible*)
Climbing (*limited space*)
Fitness (*limited space*)
Indoor Pickleball
Robotics
Team Manager (*identify team*)
Winter Running (*limited space*)
Yoga (*limited space*)

COMMUNITY FOCUS

Children's Center (*min. 15 years old*)
Community Service

SPRING TRIMESTER

ARTS

Dance—by audition
Music Intensive (*form required*)
Tech Theater—Scene Shop
Theater Lab
Visual Arts Intensive (*form required*)

ATHLETICS

Competitive

Baseball
Boys Golf (*approx. cost \$350*)
Girls Golf (*approx. cost \$350*)
Boys Lacrosse
Girls Lacrosse
Softball
Boys Tennis
Girls Tennis
Boys Track & Field
Girls Track & Field
Girls Water Polo
Ultimate

Non-Competitive

Athletic Performance (*11th-12th if eligible*)
Climbing & Hiking (*limited space*)
Fitness (*limited space*)
Team Manager (*identify team*)
Yoga (*limited space*)

COMMUNITY FOCUS

Children's Center (*min. 15 years old*)
Community Service

SPECIAL PROGRAM INFORMATION:

Visual Art & Music Intensive requires approval of the Fine Arts Department. Interested students will have an opportunity to complete the necessary form prior to or on the first day the program meets.

Athletic Performance (AP) is limited to 11th and 12th grade varsity athletes for one trimester each year. All students must be a dedicated two-sport athlete.

Special Project/Waiver Requests may be submitted by students wishing to pursue sports programs not offered by Williston, sport specialization, academic or art endeavor. This requires an application at least one week prior to the start of the Afternoon Program trimester. Contact Ms. Brousseau for the application.