



## **BASEBALL CLINICS 2023**

From Monday, June 26th through Thursday, June 29th, and from Monday, July 10th through Thursday, July 13th, Williston Baseball Coach Matt Sawyer, along with Williston varsity players, will be running two baseball clinics for 10-14 year olds at Galbraith Fields on the Williston Northampton campus. The clinics will run from 9:00 am to 12:00 pm each day. The fundamentals of throwing, catching, fielding, and hitting will be covered each day. There will also be opportunities for pitchers and catchers to get instruction in those particular positions as well. 12 through 14 year old players will get to work on the 60/90 diamond. High level baseball thinking and game strategy will be covered as players will have the opportunity to compete each day in short games. The cost of a week of clinics will be \$220.00 per player. There are discounts for multiple participants from the same family; check in with Coach Sawyer about those discounts.

There will be a cap at 30 players for each session so that each player can receive lots of personal instruction from the coaches.

Matt Sawyer played outfield at Amherst College and has been the head coach at Williston for the past 29 years. Williston players like Colin Larson '24 and Hudson Fulcher-Melendy '24 will help coach at this year's clinics. Colin was the Co-MVP of the team last season and was named WNEPBL first team. He will play college baseball at Boston College. Hudson has played pitcher, catcher, and infield for Williston since his sophomore season. They follow in the footsteps of other Williston players who have worked these clinics: Erik Ostberg '14, Tampa Bay Rays; Justin Frometa '16, Boston Red Sox Scout/Coach; Ian Ostberg '17, captain of Quinnipiac University; and Will Sawyer '22, Trinity College.

Galbraith Fields on the Williston campus features a batting cage, a smaller, skin infield, a 60/90 field, and lots of space for drill work. Each camper will receive a clinic t-shirt. Lunch will NOT be provided.

If you have questions, please email Coach Sawyer at [msawyer@williston.com](mailto:msawyer@williston.com) or call him at 413-695-8370.