

# WILLISTON SWIMMING AND DIVING HONOR ROLL

EACH ATHLETE IS LISTED ONLY ONCE UNLESS THEY WERE AN ALL-AMERICAN OR WON A NEW ENGLAND TITLE

## Girls 200 yd. Medley Relay

1.	Sally Alrutz, Ava Larkin, Molly Kinstle, Sydney Joyce	2019	1:48.42 (D2 Rec)
2.	Sally Alrutz, Ava Larkin, Molly Kinstle, Anabelle Farnham	2018	1:50.23
	Sally Alrutz, Ava Larkin, Molly Kinstle, Anabelle Farnham	2018	1:50.57 (D2 Rec)
3.	Sally Alrutz, Natalie Aquadro, Maya Soley, Anabelle Farnham	2017	1:52.09 (D2 Rec)
	Sally Alrutz, Natalie Aquadro, Maya Soley, Anabelle Farnham	2016	1:52.13 (D2 Rec)
4.	Ella Mattocks, Ava Larkin, Molly Kinstle, Sabrina Serricchio	2020	1:52.60
5.	Sally Alrutz, Natalie Aquadro, Jasmin Movassaghi, Emily Yeager	2015	1:52.88 (D2 Rec)
6.	Sally Alrutz, Natalie Aquadro, Jasmin Movassaghi, Anabelle Farnham	2016	1:54.41
7.	Kaitlyn Williams, Ava Larkin, Ella Mattocks, Julia Borden	2022	1:54.52
8.	Ava Larkin, Kana Kitano, Ella Mattocks, Julia Borden	2022	1:55.31
9.	Kata Franczyk, Kira Canon, Shannon Lorimer, Michelle Wilga	2000	1:55.49
10.	Shannon Lorimer, Kira Canon, Catherine Pacilio, Rachel Ruff	1999	1:56.38
11.	Sally Alrutz, Natalie Aquadro, Maya Soley, Emily Yeager	2014	1:57.43
12.	Katherine Burrill, Jennifer Burrill, Jessica Greaney, Terri Stewart	1990	1:58.76
13.	Michelle Kennedy, C. Murphy, M. Peters, K. Whitaker	1982	1:59.59
14.	Jenny Wood, Catherine Pacilio, Joanna O'Kelly, Jess Tuttle	1996	1:59.33
15.	Ella Mattocks, Kaitlyn Williams, Sian Lewandowski, Andie Kinstle	2021	1:59.34
<b>16.</b>	<b>Katya Krasnovskaya, Kaitlyn Williams, Andie Kinstle, Mya Schattin</b>	<b>2023</b>	<b>1:59.71</b>
17.	Daniele St. Louis, Catherine Pacilio, Jodi Ryder, Jess Tuttle	1995	1:59.76
18.	Michelle Wilga, Kira Canon, Catherine Pacilio, Rachel Ruff	1998	1:59.84
19.	Kata Franczyk, Molly Newton, Marie Carbone, Liz Carbone	2003	1:59.87
20.	Shawn Benoliel, Laura Couch, Claire Ebsary, Karen Brown	1978	2:00.72

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## Boys 200 yd. Medley Relay

1. Jason Albanese, Sam Haddad, Jack Haddad, Shogo Kamei	2020	1:37.85 (D2 Rec)
2. Herrick Stevenson, Jack Haddad, Getchell Gibbons, Henry Wiemeyer	2022	1:38.09 (D2)
3. Gerald Wallace, Larry Bushey, Bruce Meleski, Andrew Brown	1970	1:39.5* (#2)
4. Gerald Wallace, Robert Christensen, Tarn Thompson, Mark D'Agness	1971	1:40.8* (#4)
5. Oliver Ruff, Tim Tierney, Michael Pantry, Jarrod Zwirko	1999	1:41.89
6. Harry Driver, James Sadowsky, John Trembley, Albert Ackerman	1968	1:41.9* (#3)
7. Tom MacDonnell, Jay Clifone, Tim Wallace, Jan Kaplowitz	1973	1:41.9* (#10)
8. Harry Driver, Lawrence Bushey, John Hellebush, Mark Berman	1969	1:42.0* (#5)
9. Jay Donovan, David Stevens, Tod Dziemian, Scott Nicholson	1974	1:42.2* (#10)
10. Fred DeBruyn, Wayne Leslie, Richard Martus, Jan Kaplowitz	1972	1:42.3* (#8)
11. Getchell Gibbons, Jack Haddad, Sam Fortier, Herrick Stevenson	2022	1:42.55
12. Ross Prossner, Lloyd Sinnott, Glenn Yngve, John Hellebush	1966	1:42.7* (#3)
13. Jason Albanese, Jack Haddad, Reilly Gluz, Sam Haddad	2019	1:42.89
14. Oliver Ruff, Tulyatep Uawithya, Michael Pantry, Michael George	1998	1:43.20
15. Harry Driver, James Sadowsky, John Trembley, William Fifield	1967	1:44.0* (#10)
16. Brad Richards, Jeff Wilga, Alex Holdridge, Alex Frere	2000	1:44.37
17. Ross Prossner, Ronald Varney, Glenn Yngve, James Edwards	1965	1:44.6* (#7)
18. Leigh Adams, William Charbonneau, Thomas Murphy, David Tyler	1962	1:44.6* (#2)
19. Leigh Adams, William Charbonneau, Glenn Yngve, Jim Edwards	1964	1:45.2
20. Nick Johnson, Bennett Jacobs, Jeff Wilga, Mike Wieneke	2003	1:46.21
Leigh Adams, William Charbonneau, Glenn Yngve, Fred Gilbert	1963	1:46.4* (#7)
John Coe, R. Curtis Wright, Foster de Jesus, Aldo Cipriano	1956	1:47.0* (#1)
David Raymond, Roy Chennells, Brad Boydell, Aldo Cipriano	1957	1:47.6* (#3)
David Raymond, Roy Chennells, Elliott Maynard, Christopher Kendell	1958	1:49.3* (#4)
Leigh Adams, Henry Cheatham, Douglas Morris, David Tyler	1961	1:49.4* (#7)
Paul Baker, Henry Cheatham, Richard Palmer, Jim Dobbins	1959	1:53.1* (#10)

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## Girls 200 yd. Freestyle

1. Sydney Joyce	2018	1:52.86	(D2 NEPSAC Champion)
Sydney Joyce	2019	1:55.18	(D2 NEPSAC Champion)
2. Joanna O'Kelley	1997	1:55.88	
3. Anna Strzempko	2009	1:56.17	
4. Anabelle Farnham	2017	1:57.39	
5. Ava Larkin	2020	1:57.42	
6. Molly Kinstle	2019	1:57.72	
7. Sally Alrutz	2018	1:58.77	
8. Natalie Aquadro	2017	1:59.78	
9. Terri Stewart	1989	1:59.90	
<b>10. Campbell Collins</b>	<b>2023</b>	<b>1:59.01</b>	
11. Alex Strzempko	2007	2:00.54	
12. Emily Yeager	2016	2:00.98	
13. Hannah Oleksak	2011	2:01.93	
14. Kata Franczyk	2001	2:02.75	
15. Shannon Lorimer	1999	2:02.78	
16. Michelle Kennedy	1983	2:02.80	
17. Jessica Tuttle	1995	2:03.43	
Natalie Aquadro	2012	2:03.45	(D2 NEPSAC Champion & Record)
18. Amy Bowles	1989	2:04.57	
19. Catherine Pacilio	1998	2:04.94	
20. Jodi Ryder	1993	2:05.00	

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## Boys 200 yd. Freestyle

1.	David Fitch	2017	1:39.09*	(D2 NEPSAC Champion & Record)
2.	Alex Holdridge	2000	1:44.76	
3.	Andrew Sweeney	2005	1:46.01	
4.	Jarrold Zwirko	2000	1:46.26	
5.	<b>Jack Coscia</b>	<b>2023</b>	<b>1:46.87</b>	
6.	Sam Haddad	2019	1:46.91	
7.	Brian Stefanik	1986	1:46.91	
8.	Chris Stack	1973	1:47.2*	(#7 National Rank)
9.	James Edwards	1965	1:47.3*	(#2 National Rank)
10.	Matt Pepin	2006	1:47.87	
11.	Mike Waskom	2005	1:47.96	
	Chris Stack	1972	1:48.1	(NEPSAC Champion & Record)
	James Edwards	1964	1:48.3*	(#1 National Rank)
12.	John LeMoal	1971	1:48.5*	(#8 National Rank)
13.	Albert Ackerman	1968	1:48.8*	(#7 National Rank)
14.	Brad Richards	2000	1:48.84	
15.	John Meade	1969	1:48.9*	(#10 National Rank)
16.	Herrick Stevenson	2022	1:48.98	
17.	Henry Wiemeyer	2021	1:49.01	
	Albert Ackerman	1967	1:49.6*	(#9 National Rank)
	Albert Ackerman	1966	1:50.0*	(#5 National Rank)
	Albert Ackerman	1965	1:50.1*	(#4 National Rank)
18.	John-Claude Wright	2006	1:50.63	
19.	Steve LaPlante	2000	1:50.69	
20.	David Tyler	1963	1:51.3*	(#3 National Rank)
	David Tyler	1962	1:54.7*	(#4 National Rank)
	David Tyler	1961	1:57.7*	(#7 National Rank)
	Edmund Fitzsimmons	1953	1:59.1*	(#2 National Rank)
	Roy Chennells	1958	2:00.5*	(#6 National Rank)
	Edmund Fitzsimmons	1952	2:01.8*	(#3 National Rank)
	Foster de Jesus	1956	2:01.9*	(#2 National Rank)
	Carl Woolley	1955	2:02.8*	(#3 National Rank)
	Rex Aubrey	1953	2:03.4*	(#6 National Rank)
	Foster de Jesus	1955	2:04.0*	(#5 National Rank)
	Dudley Kurras	1953	2:04.9*	(#7 National Rank)
	Laurence Scheehser	1954	2:06.3*	(#7 National Rank)

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## Girls 200 yd. Individual Medley

1.	Ava Larkin	2018	2:08.12	(D2 NEPSAC Champion)
	Ava Larkin	2019	2:09.21	(D2 NEPSAC Champion)
2.	Sydney Joyce	2017	2:10.87	(D2 NEPSAC Champion)
3.	Sally Alrutz	2017	2:11.18	
4.	Shannon Lorimer	2000	2:13.53	
5.	Maya Soley	2017	2:14.22	
6.	Natalie Aquadro	2016	2:15.22	
7.	Ella Mattocks	2018	2:16.06	
8.	Joanna O'Kelly	1996	2:16.50	
9.	Anna Strzempko	2009	2:16.73	
10.	Regan Flynn	1994	2:18.53	
11.	Kira Canon	1999	2:18.61	
12.	Terri Stewart	1989	2:19.08	
13.	Jennifer Burrill	1988	2:19.10	
14.	Melissa Peters	1982	2:19.90	
15.	Alex Strzempko	2007	2:20.86	
16.	Claire Ebsary	1978	2:21.2	
17.	Sian Lewandowski	2019	2:21.84	
18.	Catherine Pacilio	1997	2:21.84	
19.	Molly Kinstle	2020	2:22.22	
20.	Hannah Oleksak	2011	2:22.31	
	Cheryl Riley	1974	2:25.5	(NEPSAC Champion)

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## Boys 200 yd. Individual Medley

1.	Sam Haddad	2020	1:52.35	(D2 NEPSAC Champion & Record)
	Sam Haddad	2019	1:55.51	(D2 NEPSAC Champion & Record)
2.	Jack Haddad	2022	1:57.56	
	Sam Haddad	2018	1:57.59	(D2 NEPSAC Champion & Record)
3.	David Fitch	2017	1:57.68	
4.	Alex Holdridge	2000	1:58.57	
5.	Brian Stefanik	1985	1:59.45	
6.	Jeff Wilga	2004	2:00.62	
	Sam Haddad	2017	2:03.15	(D2 NEPSAC Champion)
7.	Carlton Cronin	1974	2:04.2	
8.	Jeff Morrison	1983	2:04.32	
9.	John Meade	1970	2:04.3*	(#9 National Rank)
10.	Tarn Thompson	1971	2:04.4*	(#11 National Rank)
11.	Michael Pantry	1999	2:04.55	
12.	James Edwards	1965	2:05.5*	(#3 National Rank)
13.	Gerald Wallace	1971	2:05.5	
14.	Reece Liang	2010	2:05.72	
15.	Wayne Leslie	1973	2:06.2	
16.	Tom Marantz	1972	2:06.3	
17.	Chris Zeng	2022	2:06.31	
18.	Matt Pepin	2005	2:06.80	
19.	David Stevens	1976	2:08.28	
20.	Glenn Garella	1970	2:08.3	
	Barry Wemple	1964	2:08.4*	(NEPSAC Champion)
	Barry Wemple	1963	2:09.4*	(#7 National Rank)
	James Boulware	1966	2:09.6	(NEPSAC Champion)
	Thomas Murphy	1962	2:13.4*	(#7 National Rank)
	John Bott	1960	2:20.8*	(#8 National Rank)

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## Girls 50 yd. Freestyle

1. Kata Franczyk	2001	24.76	
2. Ava Larkin	2020	24.84	(D2 NEPSAC Champion)
3. Anabelle Farnham	2018	25.01	
4. Molly Kinstle	2020	25.34	
5. Kira Canon	2000	25.44	
6. Jenna Tasse	2008	25.66	
7. Reiko Akimoto	2009	25.73	
8. Sabrina Serricchio	2019	25.76	
9. Natalie Aquadro	2017	25.81	
10. Sydney Joyce	2018	25.85	
11. Maya Soley	2017	25.88	
12. Ella Mattocks	2022	25.96	
13. Rachel Ruff	1999	25.99	
14. Lucy Wall	2001	26.03	
15. Sally Alrutz	2014	26.04	
16. Anna Strzempko	2009	26.09	
17. Michelle Wilga	2001	26.20	
18. Annika Johnson	2017	26.22	
19. Tracy Stewart	1987	26.23	
20. Kaitlyn Williams	2022	26.23	

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## Boys 50 yd. Freestyle

1.	David Fitch	2017	20.41*	(D2 NEPSAC Record)
	David Fitch	2016	21.10	(D2 NEPSAC Champion & Record)
2.	Brian Stefanik	1985	21.30*	(NEPSAC Champion)
3.	Andrew Brown	1970	21.5*	(#1 National Rank)
4.	<b>Herrick Stevenson</b>	<b>2023</b>	<b>21.79</b>	<b>(D2 NEPSAC Champion)</b>
5.	Henry Wiemeyer	2022	21.82	
6.	Brad Richards	2000	21.82	
7.	Oliver Ruff	1999	21.83	
	Brian Stefanik	1984	21.88*	(Honorable Mention)
8.	James Edwards	1965	21.9*	(#1 National Rank)
9.	David Tyler	1962	22.0*	(#1 National Rank)
10.	Jan Kaplowitz	1973	22.1*	(#8 National Rank)
11.	John-Claude Wright	2006	22.11	
12.	Shogo Kamei	2020	22.17	
13.	Tulyatep Uawithya	1998	22.19	
	James Edwards	1964	22.2*	
	Jan Kaplowitz	1972	22.3*	(#9 National Rank)
	David Tyler	1963	22.4*	(#2 National Rank)
14.	Bill Curran	1971	22.4*	
15.	Thomas MacDonnell	1973	22.4	
16.	Heidtman	1975	22.4	
	David Tyler	1961	22.5*	(#2 National Rank)
17.	John Trembley	1968	22.5*	(#7 National Rank)
18.	Rodger Brown	1971	22.5*	
19.	Andrew Sweeney	2005	22.50	
20.	<b>Getchell Gibbons</b>	<b>2023</b>	<b>22.53</b>	
	Albert Ackerman	1968	22.6*	(#8 National Rank)
	Matthew Padgett	1972	22.6*	
	Scott Nicholson	1974	22.7	(NEPSAC Champion)
	Carl Woolley	1955	23.1*	(#1 National Rank)
	Rex Aubrey	1953	23.3*	(#1 National Rank)
	Harlow Ide	1954	23.5*	(#1 National Rank)
	Harlow Ide	1955	23.6*	(#2 National Rank)
	Foster de Jesus	1956	23.7*	(#6 National Rank)
	Harlow Ide	1953	24.0*	(#5 National Rank)
	Davis Tuggle	1955	24.4*	(#9 National Rank)

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## Girls 1-Meter Diving (6 dives)

1.	Gabriella Mercier	2017	271.58
2.	Julia Condon	2003	233.55
3.	Alexandra Coppola	2018	232.35
4.	Kassandra Orcutt	2017	217.45
5.	Alene Singewald	1985	217.40
6.	Casey Feins	2018	202.05
7.	Victoria Durocher	2011	199.70
8.	Abigail Touhey	2022	189.00
9.	Wendy Libby	1982	185.35
10.	Laura Cogswell	1981	175.22
11.	Elika Bartlett	1998	170.90
12.	Whitney Neilds	2000	170.80
13.	Chloe Prouty	2020	168.23
14.	Ursula Von Goeler	2019	166.50
15.	Jana Kotowski	2000	165.85
16.	Abby Schulkind	2016	164.03
17.	Rylie Tirrell	2020	162.83
18.	Kai McCalla	2017	162.83
19.	Grace O'Keefe	2021	160.05
20.	<b>Mel McCullough</b>	<b>2023</b>	<b>157.65</b>

## Girls 1-Meter Diving (11 dives)

1.	Gabriella Mercier	2017	529.45	(D2 Champion & NEPSAC Record)
	Gabriella Mercier	2016	455.45	(D2 NEPSAC Champion & D2 Record)
2.	Casey Feins	2020	347.50	
3.	Julia Condon	2002	336.50	
4.	Kassandra Orcutt	2016	332.95	
5.	Wendy Libby	1983	324.45	
6.	Alene Singewald	1985	313.00	
7.	Alexandra Coppola	2018	311.20	
8.	Kai McCalla	2017	306.80	
9.	<b>Mel McCullough</b>	<b>2023</b>	<b>306.65</b>	
10.	Abigail Touhey	2020	301.70	
11.	Christine McBride	1992	301.60	
12.	Chloe Prouty	2020	294.90	
13.	Jana Kotowski	2000	293.70	
14.	Laura Cogswell	1982	289.55	
15.	Leslie Mattson	1995	282.45	
16.	Elika Bartlett	1998	274.75	
17.	Victoria Durocher	2013	260.15	
18.	Rylie Tirrell	2020	260.00	
19.	Rachel Goodman	2019	258.50	
20.	<b>Mara Grabowski</b>	<b>2023</b>	<b>258.00</b>	

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## Boys 1-Meter Diving (6 dives)

1.	Connor Cavanagh	2020	276.83
2.	Isaac Sterman	2011	245.40
3.	Rajiem Lee	1993	235.50
4.	Gerry Coyne	1978	220.8
5.	John Michael Terhune	2008	220.20
6.	Andrew Spruck	2012	217.45
7.	Cole Blanchard	2022	186.83
8.	Sebastian Bonnott	2008	185.60
9.	Gavin Prough	2017	181.58
<b>10.</b>	<b>Cole Cavanagh</b>	<b>2023</b>	<b>178.25</b>
11.	Mark Dangleis	2007	176.15
12.	Luke Grabowski	2022	174.83
13.	Jake Goodman	2017	168.98
14.	Pete Forester	2004	163.05
15.	Michael Tanner	2012	157.10
16.	Sam Lavandier	2006	147.90
17.	Carlo Bertoli	1999	132.55
18.	Reilly Gluz	2017	129.38
19.	Eddie Streker	1999	126.35
20.	Tim Bolle	2001	121.15

	Jack Erickson	1953	NA*
	William Childs	1954	NA*
	Porter Sampson	1957	NA*
	Robert Garrity	1958	NA*
	Robert Garrity	1959	NA*
	Richard Sheldon	1961	NA*
	Paul Doty	1962	NA*
	Paul Doty	1963	NA*
	William T. Murphy	1964	NA*
	William T. Murphy	1965	NA*
	Thomas Wallace	1966	NA*
	Thomas Wallace	1968	NA*
	John Nicolson	1969	NA*

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## Boys 1-Meter Diving (11 dives)

1.	Connor Cavanagh	2020	477.25	(D2 NEPSAC Champion)
2.	Isaac Sterman	2011	410.10	
3.	Gerry Coyne	1978	381.20	
4.	John Michael Terhune	2008	379.15	
5.	Rajiem Lee	1993	345.90	
<b>6.</b>	<b>Cole Cavanagh</b>	<b>2023</b>	<b>340.50</b>	
7.	Jake Goodman	2017	329.25	(D2 NEPSAC Champion)
8.	Leo Gaev	1995	328.15	
<b>9.</b>	<b>Luke Grabowski</b>	<b>2023</b>	<b>327.85</b>	
10.	Tony Montanez	1995	326.45	
11.	Frank Purcell	1990	308.65	
12.	Cole Blanchard	2022	304.15	
13.	Gavin Prough	2017	300.95	
14.	Andrew Spruck	2012	296.35	
15.	Sebastian Bonnott	2008	294.20	
16.	Luke Grabowski	2020	285.70	
17.	Erik Peterson	1971	285.40	
18.	Michael Tanner	2012	252.80	
19.	Donald Baker	1979	243.45	
20.	Nick Bonduc	1993	210.10	

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## Girls 100 yd. Butterfly

1.	Sally Alrutz	2019	57.48	(D2 NEPSAC Champion & Record)
	Sally Alrutz	2018	58.19	(D2 NEPSAC Champion & Record)
2.	Molly Kinstle	2020	58.42	(D2 NEPSAC Champion)
3.	Ella Mattocks	2022	58.56	(D2 NEPSAC Champion)
	Sally Alrutz	2017	58.69	(D2 NEPSAC Champion & Record)
	Sally Alrutz	2015	59.12	(D2 NEPSAC Champion & Record)
4.	Ava Larkin	2018	59.47	
5.	Shannon Lorimer	2000	1:00.21	(NEPSAC Champion)
6.	Vicky Nitardi	1983	1:00.97	
7.	Terri Stewart	1990	1:01.06	
8.	Sian Lewandowski	2021	1:01.45	
9.	Michelle Kennedy	1983	1:01.47	
10.	Jennifer Burrill	1990	1:02.04	
11.	Anabelle Farnham	2018	1:02.34	
12.	Sydney Joyce	2017	1:02.61	
13.	Maya Soley	2017	1:02.84	
14.	Claire Ebsary	1978	1:03.14	(NEPSAC Champion & Record)
	Claire Ebsary	1979	1:03.79	(NEPSAC Champion)
15.	Amy Bowles	1989	1:03.89	
	Claire Ebsary	1977	1:04.27	(NEPSAC Champion & Record)
16.	Regan Flynn	1994	1:04.71	
17.	Jodi Ryder	1995	1:04.98	
18.	Jasmin Movassaghi	2016	1:05.04	
19.	Hannah Oleksak	2009	1:05.53	
20.	Marie Carbone	2003	1:05.66	
	Cheryl Riley	1974	1:06.2	(NEPSAC Champion)

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## Boys 100 yd. Butterfly

1. David Fitch	2017	48.77*	(D2 NEPSAC Champion & Record)
2. Sam Haddad	2020	51.36	(D2 NEPSAC Champion)
<b>3. Getchell Gibbons</b>	<b>2023</b>	<b>51.97</b>	
Getchell Gibbons	2022	52.02	(D2 NEPSAC Champion)
4. John Young	1993	52.41	
5. Alex Holdridge	2000	52.59	
6. Brian Stefanik	1986	52.67	(NEPSAC Champion)
7. Tarn Thompson	1971	53.5*	(#6 National Rank)
8. Tim Wallace	1973	54.3*	(#10 National Rank)
9. Bruce Meleski	1970	54.6*	(#9 National Rank)
10. Gerald Wallace	1971	54.6*	(#10 National Rank)
11. Jeff Wilga	2003	54.63	
12. Michael Pantry	1999	54.66	
13. Andrew Sweeney	2005	55.07	
14. John Trembley	1967	55.1	(NEPSAC Champion & NE Record)
15. Jerry Martin	1973	55.1	
16. Martus	1972	55.2	
17. Rodger Brown	1971	55.3	
18. Douglas Morris	1961	55.8*	(#2 National Rank)
19. Barry Wemple	1964	55.8*	
20. Edwin Toll	1972	55.9	
David Tyler	1963	56.5*	(#7 National Rank)
Roy Chennells	1958	1:00.5*	(#4 National Rank)
Bradford Boydell	1957	1:00.6*	(#6 National Rank)
Roy Chennells	1957	1:01.2*	(#9 National Rank)

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# WILLISTON SWIMMING AND DIVING HONOR ROLL

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## Girls 100 yd. Freestyle

1. Sally Alrutz	2019	52.72	
2. Ava Larkin	2022	53.66	(D2 NEPSAC Champion)
Ava Larkin	2020	53.92	(D2 NEPSAC Champion)
3. Anabelle Farnham	2018	54.09	
4. Kata Franczyk	2001	54.49	
5. Anna Strzempko	2008	54.58	
6. Molly Kinstle	2020	54.83	
7. Terri Stewart	1988	54.87	
8. Ella Mattocks	2022	55.38	
9. Kira Canon	1998	55.73	
10. Jenna Tasse	2008	56.10	
11. Sydney Joyce	2019	56.27	
12. Emily Yeager	2017	56.31	
13. Natalie Aquadro	2015	56.59	
14. Reiko Akimoto	2011	56.67	
15. Claire Ebsary	1978	56.9	
16. Hannah Oleksak	2011	56.90	
17. Katherine Burrill	1990	56.97	
18. Sabrina Serricchio	2019	57.14	
19. Rachel Ruff	1999	57.16	
20. Maya Soley	2018	57.32	

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# WILLISTON SWIMMING AND DIVING HONOR ROLL

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## Boys 100 yd. Freestyle

1.	David Fitch	2017	45.60	(D2 NEPSAC Record)
	David Fitch	2016	46.88	(D2 NEPSAC Champion & Record)
2.	Brian Stefanik	1985	47.17*	(NE Champion)
3.	Brad Richards	2000	47.39	
4.	Henry Wiemeyer	2022	47.84	
5.	James Edwards	1965	48.0*	(#1 National Rank)
6.	Andrew Sweeney	2005	48.16	
	David Fitch	2015	48.41	(D2 NEPSAC Champion)
7.	Jarrold Zwirko	2000	48.47	
8.	Albert Ackerman	1968	48.5*	(#2 National Rank)
	James Edwards	1964	48.6*	(#1 National Rank)
9.	John-Claude Wright	2006	48.87	
10.	John Meade	1970	49.0*	(#4 National Rank)
11.	Scott Nicholson	1974	49.1	(NEPSAC Champion)
<b>12.</b>	<b>Herrick Stevenson</b>	<b>2023</b>	<b>49.16</b>	
13.	David Tyler	1963	49.2*	(#2 National Rank)
	John Meade	1969	49.2*	(#8 National Rank)
14.	Getchell Gibbons	2022	49.39	
	David Tyler	1962	49.4*	(#2 National Rank)
15.	Scott McQuade	1971	49.4*	
16.	Heidtman	1975	49.4	
	Albert Ackerman	1966	49.5*	(#5 National Rank)
	Albert Ackerman	1967	49.5*	(#11 National Rank)
17.	Calvin Frye	2016	49.58	
18.	Carlton Cronin	1975	49.6	
19.	Matt Pepin	2006	49.62	
20.	Glenn Garella	1970	49.7	(NEPSAC Champion)
	David Tyler	1961	49.9*	(#2 National Rank)
	James Boulware	1966	50.0*	(#11 National Rank)
	Carl Woolley	1955	51.4*	(#1 National Rank)
	Rex Aubrey	1953	51.5*	(#1 National Rank)
	Foster de Jesus	1956	53.3*	(#7 National Rank)
	Roy Chennells	1958	53.5*	(#6 National Rank)
	Edmund Fitzsimmons	1953	53.9*	(#4 National Rank)
	Davis Tuggle	1955	53.9*	(#5 National Rank)
	Harlow Ide	1955	54.6*	(#6 National Rank)
	Dudley Kurrus	1953	54.9*	(#6 National Rank)
	Laurence Scheehser	1954	55.3*	(#10 National Rank)

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# WILLISTON SWIMMING AND DIVING HONOR ROLL

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## Girls 500 yd. Freestyle

1.	Sydney Joyce	2018	4:58.79	(D2 NEPSAC Champion & Record)
	Sydney Joyce	2017	5:05.98	(D2 NEPSAC Champion)
	Sydney Joyce	2019	5:09.24	(D2 NEPSAC Champion)
2.	Joanna O'Kelley	1997	5:06.98	
3.	Ava Larkin	2018	5:09.41	
4.	Anna Strzempko	2009	5:12.89	
5.	Alex Strzempko	2007	5:15.58	
<b>6.</b>	<b>Campbell Collins</b>	<b>2023</b>	<b>5:19.83</b>	
7.	Jodi Ryder	1993	5:22.73	
8.	Vicky Nitardi	1983	5:23.03	
9.	Melissa Peters	1982	5:23.70	(NEPSAC Champion)
10.	Maya Soley	2016	5:24.96	(D2 NEPSAC Champion)
11.	Molly Kinstle	2019	5:26.39	
12.	Katie Burrill	1989	5:26.44	
13.	Sally Alrutz	2019	5:27.22	
14.	Natalie Aquadro	2015	5:31.53	
15.	Hannah Oleksak	2011	5:32.43	
16.	Shannon Lorimer	1999	5:33.07	
17.	Claire Ebsary	1977	5:34.36	(NEPSAC Champion & NE Record)
	Claire Ebsary	1978	5:35.40	(NEPSAC Champion)
18.	Kerry Sullivan	2000	5:35.69	
19.	Emily Yeager	2015	5:39.85	
20.	Amalia Guerra	2021	5:40.01	

## Boys 500 yd. Freestyle

1.	David Fitch	2017	4:47.55	
<b>2.</b>	<b>Herrick Stevenson</b>	<b>2023</b>	<b>4:51.52</b>	
3.	Brian Stefanik	1985	4:53.32	
4.	Mike Waskom	2005	4:53.73	
<b>5.</b>	<b>Jack Coscia</b>	<b>2023</b>	<b>4:54.28</b>	
6.	Chris Zeng	2022	4:55.09	
7.	Jeff Morrison	1983	4:55.40	
8.	Ken Packard	1982	4:56.08	
9.	John Hurley	1989	4:56.74	
10.	Sam Haddad	2020	4:56.96	
11.	Andrew Sweeney	2004	4:58.55	
12.	Alex Holdridge	1999	4:58.57	
13.	Carlton Cronin	1974	5:05.0	
14.	Steve LaPlante	2000	5:06.45	
15.	John-Claude Wright	2005	5:08.17	
16.	Jeff Wilga	2002	5:08.91	
17.	Henry Wiemeyer	2022	5:10.03	
18.	Rene LaPlante	2003	5:12.62	
19.	Matt Pepin	2005	5:14.86	
20.	Benning Johnson	2020	5:15.67	

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# WILLISTON SWIMMING AND DIVING HONOR ROLL

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## Girls 200 yd. Freestyle Relay

1. Anabelle Farnham, Maya Soley, Sydney Joyce, Ava Larkin	2018	1:40.83
2. Natalie Aquadro, Ava Larkin, Sydney Joyce, Sally Alrutz	2017	1:41.80
3. Maya Soley, Emily Yeager, Ava Larkin, Sydney Joyce	2017	1:42.28 (D2)
4. Molly Kinstle, Julia Borden, Sabrina Serricchio, Ava Larkin	2020	1:42.31
5. Jenna Tasse, Hannah Oleksak, Reiko Akimoto, Anna Strzempko	2008	1:42.39
6. Anabelle Farnham, Natalie Aquadro, Emily Yeager, Sally Alrutz	2016	1:42.68
7. Kata Franczyk, Michelle Wilga, Kira Canon, Shannon Lorimer	2000	1:43.03
8. Maya Soley, Ella Mattocks, Molly Kinstle, Sydney Joyce	2018	1:43.96 (D2)
9. Catherine Pacilio, Kira Canon, Rachel Ruff, Joanna O'Kelley	1997	1:44.12
10. Reiko Akimoto, Kyra Brown, Hannah Oleksak, Anna Strzempko	2009	1:44.13
11. Sally Alrutz, Ava Larkin, Sydney Joyce, Molly Kinstle	2019	1:44.31
12. Reiko Akimoto, Karly Acker, Jillian Haywood, Hannah Oleksak	2010	1:45.05
13. Michelle Wilga, Marie Carbone, Lucy Wall, Kata Franczyk	2001	1:45.05
14. Annika Johnson, Jasmin Movassaghi, Emily Yeager, Maya Soley	2016	1:45.45
15. Bridget Hebert, Emma Carhart, Rene Wright, Alex Strzempko	2006	1:45.63
16. Maya Soley, Mary Koback, Jasmin Movassaghi, Anabelle Farnham	2015	1:46.17
17. Mary Koback, Jasmin Movassaghi, Maya Soley, Emily Yeager	2015	1:46.34
18. Ella Mattocks, Sarah Kimmel, Sian Lewandowski, Sabrina Serricchio	2019	1:46.38
19. Lucy Wall, Becca Kaufman, Marie Carbone, Kata Franczyk	2002	1:47.04
20. Reiko Akimoto, Alexis Speliotis, Nicole Eskenazi, Hannah Oleksak	2011	1:47.08

## Boys 200 yd. Freestyle Relay

1. Brad Richards, Steve LaPlante, Alex Holdridge, Jarrod Zwirko	2000	1:28.15*
2. Andrew Sweeney, John-Claude Wright, Matt Pepin, Mike Waskom	2005	1:28.72
3. Henry Wiemeyer, Jack Haddad, Rayyan Al Romaih, Shogo Kamei	2020	1:29.67 (D2rec)
<b>4. Herrick Stevenson, Sam Fortier, Jack Coscia, Getchell Gibbons</b>	<b>2023</b>	<b>1:30.01 (D2)</b>
5. Louis Kissling, Lewis Davis, Kevin Hoben, James Edwards	1965	1:31.2* (#3)
6. Calvin Frye, Chris Lansill, Mark Wei, David Fitch	2016	1:31.42
7. Matt Pepin, John O'Connor, Colin Elliott, John-Claude Wright	2006	1:31.48
8. Lewis Davis, Percy Ballantine, Barry Wemple, David Tyler	1963	1:31.5* (#3)
9. Jeff Wilga, John-Claude Wright, Matt Pepin, Andrew Sweeney	2004	1:32.04
10. Jarrod Zwirko, Michael George, Marc Fullerton, Tulyatep Uawithya	1998	1:32.61
11. Mike Wieneke, Chris Maller, Jeff Wilga, Alex Frere	2002	1:32.90
12. Harlow Ide, Foster deJesus, Davis Tuggle, Carl Wooley	1955	1:32.9* (#1)
13. David Fitch, Reilly Gluz, Jason Albanese, Sam Haddad	2017	1:33.00
14. Wilder Denholm, Matt Wagman, Calvin Frye, David Fitch	2014	1:33.24
15. Sam Fortier, Chris Zeng, Jack Coscia, Jack Haddad	2022	1:33.54
16. Henry Wiemeyer, Alan Martin, Jack Haddad, Sam Haddad	2019	1:33.55
17. James Hamilton, Watson Phillips, Douglas Morris, David Tyler	1961	1:33.7* (#4)
18. Rene LaPlante, Jeff Wilga, Mike Wieneke, Alex Frere	2002	1:33.78
19. Chris Maller, Mike Wieneke, Jeff Wilga, Alex Frere	2001	1:34.05
20. Harlow Ide, Dudley Kurras, Edmund Fitzsimmons, Rex Aubrey	1953	1:34.1* (#1)
David Tyler, Robert Story, Watson Phillips, Thomas Murphy	1962	1:34.3* (#8)
George Black, Karl Rohnke, Bradford Boydell, Foster de Jesus	1956	1:35.8* (#3)
Richard Palmer, Richard Wendin, Daniel Goodnow, Chris Kendall	1957	1:37.0* (#9)
Richard Moisan, Marty Mennen, Walter Burns, Harlow Ide	1954	1:37.7* (#4)
Richard Wenden, Richard Palmer, Chris Kendall, Roy Chennells	1958	1:38.0* (#9)

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# WILLISTON SWIMMING AND DIVING HONOR ROLL

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## Girls 100 yd. Backstroke

1.	Sally Alrutz	2019	56.95	(D2 NEPSAC Champion)
	Sally Alrutz	2018	57.24	(D2 NEPSAC Champion)
	Sally Alrutz	2016	59.05	(D2 NEPSAC Champion)
2.	Ella Mattocks	2022	1:00.34	
3.	Anabelle Farnham	2016	1:01.18	
4.	Kata Franczyk	2003	1:02.25	
5.	Michelle Kennedy	1984	1:02.34	
6.	Emily Yeager	2017	1:02.94	
7.	Sydney Joyce	2017	1:03.00	
8.	Anna Strzempko	2009	1:03.06	
9.	Debbie Wells	2018	1:03.09	
	Michelle Kennedy	1982	1:03.32	(NEPSAC Champion)
10.	Ava Larkin	2018	1:03.34	
11.	Shannon Lorimer	1999	1:03.69	
12.	Katherine Burrill	1990	1:03.78	
<b>13.</b>	<b>Kaitlyn Williams</b>	<b>2023</b>	<b>1:05.53</b>	
14.	Molly Kinstle	2020	1:05.60	
15.	Nikki Kraslin	1993	1:06.15	
16.	Adrianna Rada	2004	1:06.52	
17.	Alex Strzempko	2007	1:06.94	
<b>18.</b>	<b>Katya Krasnovskaya</b>	<b>2023</b>	<b>1:07.01</b>	
19.	Natalie Aquadro	2017	1:07.09	
20.	Sabrina Serricchio	2018	1:07.24	

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# WILLISTON SWIMMING AND DIVING HONOR ROLL

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## Boys 100 yd. Backstroke

1.	Sam Haddad	2020	52.97	
2.	Oliver Ruff	1999	53.42*	(Honorable Mention)
3.	John Young	1993	54.96	
4.	<b>Getchell Gibbons</b>	<b>2023</b>	<b>55.14</b>	
5.	Jason Albanese	2020	55.24	
6.	Gerald Wallace	1971	55.4*	(#10 National Rank)
7.	Mike Waskom	2004	56.26	
8.	Ross Prossner	1966	56.7*	(#3 National Rank)
	Gerald Wallace	1968	56.7*	(#7 National Rank)
	Gerald Wallace	1970	56.8*	(#8 National Rank)
9.	Albert Ackerman	1965	56.9*	(#2 National Rank)
	Gerald Wallace	1969	57.0*	(#11 National Rank)
	Ross Prossner	1965	57.8*	(#5 National Rank)
10.	Fred DeBruyn	1971	57.9	
11.	Jeremiah Donovan	1974	58.0	
12.	Brad Richards	2000	58.31	
13.	Skip Nitardy	1981	58.73	
14.	Barry Wemple	1964	58.9*	
	Gerald Wallace	1967	58.9	(NEPSAC Champion)
15.	Harry Driver	1967	59.0	
16.	Andrew Sweeney	2003	59.01	
17.	Matt Pepin	2006	59.05	
18.	Edward DeBruyn	1972	59.2	
19.	Jeff Wilga	2003	59.55	
20.	Fran Killory	1969	59.4	
	Barry Wemple	1963	59.5*	(#6 National Rank)
	Carl Wooley	1955	1:00.0*	(#1 National Rank)
	David Raymond	1958	1:02.1*	(#8 National Rank)
	David Raymond	1957	1:02.2*	(#5 National Rank)
	Aldo Cipriano	1956	1:02.4*	(#5 National Rank)
	David Raymond	1959	1:02.9*	(#11 National Rank)

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# WILLISTON SWIMMING AND DIVING HONOR ROLL

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## Girls 100 yd. Breaststroke

1.	Ava Larkin	2022	1:06.24	
2.	Kira Canon	1999	1:07.97	(NEPSAC Champion)
	Kira Canon	2000	1:08.04	(NEPSAC Champion)
3.	Natalie Aquadro	2015	1:09.19	
4.	Catherine Pacilio	1996	1:10.55	
5.	Jessica Greaney	1990	1:11.58	
	Natalie Aquadro	2014	1:12.34	(D2 NEPSAC Champion & Record)
<b>6.</b>	<b>Andie Kinstle</b>	<b>2023</b>	<b>1:12.86</b>	
7.	Michelle Wilga	2000	1:13.13	
8.	Stephanie Gottlieb	1989	1:13.29	
	Natalie Aquadro	2013	1:13.56	(D2 NEPSAC Champion & Record)
9.	Melissa Peters	1982	1:13.60	
10.	Laura Couch	1978	1:13.61	
11.	Kana Kitano	2022	1:13.76	
12.	Sydney Joyce	2016	1:13.88	
13.	Sabrina Liew	2018	1:14.31	
14.	Jillian Haywood	2010	1:14.40	
15.	Sally Alritz	2019	1:14.96	
16.	Tricia Turner	1990	1:15.09	
17.	Connie Murphy	1982	1:15.20	
18.	Molly Newton	2003	1:15.64	
19.	Dacia Essensa	2002	1:15.44	
20.	Sam Frye	2012	1:16.00	

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# WILLISTON SWIMMING AND DIVING HONOR ROLL

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## Boys 100 yd. Breaststroke

1. Jack Haddad	2022	58.16	(D2 NEPSAC Champion & Record)
2. Sam Haddad	2019	59.10	(D2 NEPSAC Champion & Record)
3. Shogo Kamei	2020	59.73	(D2 NEPSAC Champion)
Sam Haddad	2018	1:00.99	(D2 NEPSAC Champion)
4. Jeff Wilga	2004	1:01.48	
5. William Miller	1953	1:01.6*	(#2 National Rank)
6. Reece Liang	2010	1:02.87	
7. R. Curtis Wright	1956	1:02.9*	(#2 National Rank)
8. John Hurley	1989	1:03.13	
9. David Stevens	1976	1:03.23	
10. Larry Bushey	1970	1:03.5*	(#2 National Rank)
11. Robert Christensen	1971	1:03.5*	(#3 National Rank)
12. Tulyatep Uawithya	1998	1:03.59	
13. Wayne Leslie	1971	1:03.6*	(#4 National Rank)
David Stevens	1975	1:03.6	(NEPSAC Champion)
Wayne Leslie	1972	1:04.2*	(#9 National Rank)
Wayne Leslie	1973	1:04.4	(NEPSAC Champion)
R. Curtis Wright	1955	1:05.0*	(#4 National Rank)
Robert Christensen	1970	1:05.4*	(#10 National Rank)
14. Bryan Gmyrek	1995	1:05.77	
15. William Charbonneau	1964	1:05.8*	
William Charbonneau	1963	1:06.2*	(#7 National Rank)
16. Bennett Jacobs	2003	1:06.44	
17. Tim Tierney	1999	1:06.60	
18. Matt Thompson	2021	1:07.09	
19. John Fagerlund	1971	1:07.0	
20. Mark Garella	1972	1:07.0	
Elliott Maynard	1958	1:08.4*	(#4 National Rank)
Roy Chennells	1958	1:09.0*	(#8 National Rank)

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# WILLISTON SWIMMING AND DIVING HONOR ROLL

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## Girls 400 yd. Freestyle Relay

1. Anabelle Farnham, Sydney Joyce, Ava Larkin, Sally Alrutz	2018	3:37.49 (D2)
2. Sally Alrutz, Molly Kinstle, Ava Larkin, Sydney Joyce	2019	3:37.72 (D2)
3. Anabelle Farnham, Emily Yeager, Natalie Aquadro, Sally Alrutz	2017	3:39.32
4. Sally Alrutz, Emily Yeager, Natalie Aquadro, Anabelle Farnham	2016	3:40.59 (D2)
5. Natalie Aquadro, Anabelle Farnham, Emily Yeager, Sally Alrutz	2015	3:42.18
6. Jenna Tasse, Hannah Oleksak, Reiko Akimoto, Anna Strzempko	2008	3:45.17
7. Sally Alrutz, Maya Soley, Molly Kinstle, Sydney Joyce	2018	3:45.77
8. Ella Mattocks, Julia Borden, Campbell Collins, Ava Larkin	2022	3:45.85
9. Shannon Lorimer, Michelle Wilga, Kata Franczyk, Kira Canon	2000	3:47.12
10. Sally Alrutz, Emily Yeager, Maya Soley, Natalie Aquadro	2014	3:48.34
11. Ava Larkin, Ella Mattocks, Sian Lewandowski, Molly Kinstle	2020	3:48.57
12. Shannon Lorimer, Rachel Ruff, Catherine Pacilio, Kira Canon	1999	3:49.68
13. Reiko Akimoto, Kyra Brown, Hannah Oleksak, Anna Strzempko	2009	3:49.75
14. Molly Kinstle, Amalia Guerra, Ella Mattocks, Sian Lewandowski	2021	3:50.86
15. Catherine Pacilio, Amy Beresky, Kira Canon, Joanna O'Kelley	1997	3:52.02
16. Jodi Ryder, Catherine Pacilio, Danielle St. Louis, Jess Tuttle	1995	3:52.31
17. Kira Canon, Joanna O'Kelley, Catherine Pacilio, Jess Tuttle	1996	3:52.56
<b>18. Gabi Bobiak, Kaitlyn Williams, Lucy Hoyt, Campbell Collins</b>	<b>2023</b>	<b>3:53.56</b>
19. Amy Bowles, Katie Burrill, Jennifer Burrill, Terri Stewart	1989	3:53.62
20. Katherine Burrill, Jen Packard, Jennifer Burrill, Terri Stewart	1988	3:54.09

## Boys 400 yd. Freestyle Relay

1. Brad Richards, Steve LaPlante, Alex Holdridge, Jarrod Zwirko	2000	3:13.01*(HM)
<b>2. Herrick Stevenson, Sam Fortier, Jack Coscia, Getchell Gibbons</b>	<b>2023</b>	<b>3:16.99 (D2)</b>
3. Mike Waskom, John-Claude Wright, Matt Pepin, Andrew Sweeney	2005	3:17.32
4. Henry Wiemeyer, Jack Coscia, Jason Albanese, Sam Haddad	2020	3:17.50
5. Glenn Garella, Tarn Thompson, Mike Hanafin, John Meade	1970	3:17.6* (#2)
6. John Trembley, John Hellebush, John Meade, Albert Ackerman	1968	3:17.8* (#2)
7. Scott Nicholson, Tim Wallace, Jan Kaplowitz, Tom MacDonnell	1973	3:17.9* (#4)
8. Andrew Sweeney, Matt Pepin, Mike Waskom, Jeff Wilga	2004	3:19.33
9. Tarn Thompson, William Curren, John LeMoal, Scott McQuade	1971	3:19.5* (#5)
10. Getchell Gibbons, Jack Coscia, Herrick Stevenson, Henry Wiemeyer	2022	3:19.92
11. James Boulware, Ross Prossner, John Hellebush, Albert Ackerman	1966	3:22.0* (#3)
12. John Meade, Richard Winters, John Hellebush, Forbes Ross	1969	3:22.2* (#9)
13. Steve LaPlante, Louis Pacilio, Alex Frere, Jarrod Zwirko	2000	3:22.62
14. Steve LaPlante, Michael Pantry, Oliver Ruff, Jarrod Zwirko	1999	3:22.73
15. John Gilbert, R. Warner, John Hellebush, Albert Ackerman	1967	3:23.1* (#9)
16. Jason Albanese, Reilly Gluz, Henry Wiemeyer, Sam Haddad	2019	3:23.69
17. Matt Pepin, John O'Connor, Colin Elliott, John-Claude Wright	2006	3:24.93
18. David Fitch, Reilly Gluz, Jason Albanese, Sam Haddad	2017	3:25.14
19. Getchell Gibbons, Jack Coscia, Matt Thompson, Henry Wiemeyer	2021	3:25.22
20. Calvin Frye, Jason Albanese, Chris Lansill, David Fitch	2016	3:26.08
21. Calvin Frye, Alex Li, Chris Lansill, David Fitch	2015	3:26.34

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