

**Williston Northampton School**  
**Track & Field School Records**  
**Boys**

**Field Events**

<u>Event</u>	<u>Competitor</u>	<u>Record</u>	<u>Year</u>
Pole Vault	Curtis Box '89	13' 7"	1988
High Jump	Michael Polk '18	6' 7"	2018
Long Jump	J.S. Balloch '32	22' 10"	1931
Triple Jump	Michael Polk '18	45' 8"	2018
Shot Put (12 lb.)	Fred Gilman '56	50' 2"	1956
Discus (3 lb. 9 oz.)	Jonathan Dudeck '09	158'9"	2009
Javelin	Kyle Doucette '16	160'0"	2016

**Meter Events**

4 x 100 m. Relay	Michael Polk '18 Elijah Hutchinson '18 Braeden Heald '18 Brandyn Jones '18	43.32	2018
110 m. High Hurdles (39")	Scott Bass '86	14.8	1986
1500 m.	Nick Sinofsky '20	3:58.38	2018
400 m.	Eddie Harris '97	49.57	1997
100 m.	Michael Dereus '16	10.84 (FAT)	2016
	Gabe Liu '20	10.6 (HT)	2019
800 m.	Nick Sinofsky '20	1:57.59	2018
300 m. Int. Hurdles (36")	Jon Venne '01	41.3	2001
200 m.	Michael Dereus '16	22.28	2016
3000 m.	James Gass '87	9:06.5	1987
4 x 400 Relay	Michael Jackson '90 John Belcastro '91 Matthew Hatch '90 David Hager '91	3:29.2	1990

**Cross Country Course**

School record: Nick Sinofsky 17:26

Course record: Mike Farrell, Loomis Chaffee 16:24